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## **Shodair Children's Hospital Therapist Receives National Award**

(HELENA) — Leigh Fahlquist, a primary therapist at Shodair Children's Hospital, was recently honored with a Lives in the Balance CPS Trailblazer Award at a presentation in Maine. Leigh was chosen for the honor in recognition of his work to teach families more about the Collaborative Problem Solving (CPS) approach through the new parent education groups he facilitates at Shodair.

Lives in the Balance is the non-profit organization founded by child psychologist Dr. Ross Greene, who developed the CPS approach used at Shodair and other treatment facilities across the country. Lives in the Balance advocates on behalf of behaviorally challenging kids and their caregivers to provide free web-based resources to help adults understand these children in ways that are more compassionate and help them in ways that are more effective.

"Leigh has been steadfast in his commitment to helping children and families," said Shodair's Director of Psychology, Laura Fuller, Ph.D. "He puts CPS into practice on a daily basis and works hard to keep it alive at Shodair, in the local community, and in the state of Montana."

Leigh earned his degree in psychology from Texas A & M University and his graduate degree in counseling and human services from the University of Colorado at Colorado Springs. He has worked at Shodair Children's Hospital for eight years. Leigh is assigned to the hospital's High Desert Unit, helping children ages four through nine cope with diagnoses like depression, post-traumatic stress disorder, severe ADHD, bipolar disorder, and other psychiatric illnesses.

For more information, visit [www.livesinthebalance.org](http://www.livesinthebalance.org) or [www.shodair.org](http://www.shodair.org).

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